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Your essential daily news | WEDNESDAY, MAY 11, 2016

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People march
across Argyle
Street on Tuesday.
JEFF HARPER/METRO

MARCH FOR JUSTICE

Tanya Brooks' brother won't stop until his sister's murder case solved
metroNEWS

Wanted: More officials to help tie the knot

CIVIL WEDDINGS
Province issues call for more justices of the peace



Nadine Yousif
For Metro | Halifax

With wedding season just around the corner, Justice of the Peace Lyndin Kane says the demand for her services is higher than ever.

Even with referring couples to other justices of the peace in the area, Kane said newlyweds are still left looking for someone to officiate their civil wedding.

"We still have to turn some (couples) down," the 32-year-old Halifax woman said Tuesday.

The shortage of justices of the

peace in the province is a driving force behind the recent call for applicants to officiate civil weddings by the government.

Justice Minister Diana Whalen said new regulations and procedures have been put in place for the position, which had its application process suspended for almost 10 years.

In addition to opening the doors for more applicants, changes include a mandatory retraining process every three years for those able to officiate civil weddings and the launch of a formal complaint procedure.

Despite juggling a day job at the federal government, in addition to her justice of the peace duties, Kane said her past seven years officiating marriages has been "a really interesting experience."

"You get to meet all kinds of fun and interesting people and you get to see all the weddings around the province," she said.

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Departure Line ushers in GPS-scheduling era

PUBLIC TRANSIT

Riders will be able to call hotline for route updates



Yvette d'Entremont
Metro | Halifax

Next week Halifax Transit users can say goodbye to the stern and stilted robotic GoTime voice and hello to the voice of a friendlier and more upbeat Departures Line guide.

Halifax Transit is unveiling its new Departures Line, which goes live next Monday and will replace the existing GoTime system.

Bus departure information will be provided in real-time via a new GPS-based vehicle location system currently installed on about 75 per cent of Halifax Transit's conventional buses.

The new technology is designed to provide passengers with more accurate bus departure information.

“We’re not too far away from having 100 per cent operational capacity of this system. Tiffany Chase



A Halifax Transit bus heads down Barrington Street. The unveiling of the city's new GPS-based bus tracking system will not only help commuters, but help the city find trouble spots in the network's overall flow. JEFF HARPER/METRO

ture information.

Halifax spokeswoman Tiffany Chase said Tuesday the objective is to have the GPS components onboard all conventional buses (more than 300) by the end of June.

“We’re not too far away from having 100 per cent operational capacity of this system, but we wanted to roll it out as soon as possible and we felt this was a good time to get the system up and running,” Chase said.

“We felt confident that with it on this many buses, you’re likely to be getting a real-time schedule once the system goes online Monday, May 16.”

Chase said in addition to benefiting passengers, the new GPS system will give Halifax Transit useful data for future planning.

“We’ll be able to see where buses are getting choked up, where perhaps we can make changes to schedules to increase service, any adjustments like that,” she said.

“We (will) have very reliable data going forward under this

+ CONTRACT

Trapeze won the contract to provide Halifax Transit's new GPS-based bus location system and associated functionality.

The Trapeze contract covers Automatic Vehicle Location/CAD system and public interface at \$5,905,876.99, as well as Automated Vehicle Announcements, Automated Passenger Counters and Head Sign Integration at \$1,643,317.52.

new system upon which to make those decisions.”

The project also includes replacement of about 2,500 bus stop signs over the coming months to include the new Departures Line contact number, 902-480-8000.

Chase said they will add “functionalities” via the new GPS system later this year, including automated onboard announcements advising passengers about upcoming stops.

The Departures Line is part of a larger \$43-million transit technology upgrade approved by council in 2010.



William Sandeson
THE CANADIAN PRESS

COURT

Student's bail review adjourned

A Nova Scotia Supreme Court judge has adjourned a bail review hearing for a Dalhousie medical student accused of murdering a fellow student.

The lawyer for William Sandeson is seeking a review of a judge's decision last October to deny him bail.

Eugene Tan says some of the information provided to Justice Jamie Campbell at the original bail hearing was revealed to be “unreliable” in a subsequent preliminary hearing.

All evidence before the court is protected by a routine publication ban.

Campbell is expected to rule whether he will hear new evidence on the issue May 25.

Sandeson was charged with the first-degree murder of Taylor Samson on Aug. 20, 2015 and ordered to stand trial on March 29 following the preliminary hearing. THE CANADIAN PRESS

HEALTH

Cruise ship afflicted by norovirus set to dock in city



Jeremy Mutton
For Metro | Halifax

A British cruise ship with an outbreak of norovirus will land in Halifax this morning, but the owner says most of the nearly 300 people affected have

+ OUTBREAK

The 34-night ‘Old England to New England’ cruise set off from Southampton in the United Kingdom last month. It's believed the highly-contagious gastric illness was brought onto the ship at some point.

recovered.

Seven out of 1,434 passengers and crew on board the Balmoral were asked to remain in their rooms to avoid spreading the virus further, a spokeswoman with Fred Olsen Cruise Lines said Tuesday.

Rachael Jackson said the remaining passengers who became sick are feeling better and are no longer sequestered to their rooms. “The rest have recovered from their symptoms and been released,” she said, adding that the majority of passengers are British. “At no point has Balmoral been quarantined in any port on this cruise, and is continuing as planned.”

The Centers For Disease Control and Prevention in the United States said Monday that 277 of



The life boats of the Balmoral cruise ship sail on the Elizabeth River as the ship is docked at the Half Moone Cruise and Celebration Center in Norfolk, Va. THE ASSOCIATED PRESS

915 passengers on the Balmoral had reported being ill in a suspected norovirus outbreak.

Lane Ferguson, spokesman

for the Halifax Port Authority, says this isn't uncommon for the cruise ship industry.

“We’ve seen this before in

Halifax,” he said, adding that “handwashing is the best defence against spreading this kind of virus.”

Symptoms of norovirus include vomiting, diarrhea, and stomach cramps.

“We are working with the cruise line to provide additional cleaning services on areas that people tend to touch,” such as railings, Ferguson said.

Molly Kehoe of the Public Health Agency of Canada said they are working with the cruise ship operator to ensure outbreak prevention procedures are being followed, including increased cleaning and sanitation and the isolation of anyone who is sick. She said some passengers may be kept on board if they are sick.

WITH FILES FROM THE CANADIAN PRESS

IN BRIEF

Middle Sackville man suffers gunshot to foot

Police are investigating a shooting that occurred in Sackville early Tuesday morning.

Shortly after 3:30 a.m., police were called to the residence of a 44-year-old Middle Sackville man in the 2600 block of Sackville Drive, who suffered a gunshot wound to his foot and was transported by ambulance to hospital for treatment of non life-threatening injuries.

A 43-year-old Mount Uniacke man was arrested and was still in police custody late Tuesday morning. METRO

Public will not weigh in on Cornwallis

MUNICIPAL MATTERS

Controversy won't be hashed out at consultation



Haley Ryan
Metro | Halifax

There will be no public consultation held about the name of Edwards Cornwallis on Halifax assets, despite a passionate debate and the mayor's urging to go forward.

Coun. Wayne Mason made the motion in regional council Tuesday to request a staff report on a public engagement process that would advise council about possible changes to commemoration of Cornwallis on assets including the street and park bearing his name.

"We need to be brave enough to have this conversation," Mason said in council.

In 1749, Cornwallis issued a bounty on the scalps of

Mi'kmaq men, women and children.

Members of the aboriginal community in Halifax have long argued against the name used on a street and the statue downtown, and Mason said now is the right time to bring together First Nations, historians, the general public, and those in favour of preserving the British colonial founder's history in conversation.

However, multiple councillors said they were uncomfortable with the idea of singling out the city's founder specifically, including Coun. David Hendsbee who said it's not fair to "re-write history."

Coun. Stephen Adams said consultation would get the city nowhere, since there's no agree-



+ NEXT STEPS

After the motion was defeated 8-7, Mayor Mike Savage said he hoped to continue the conversation in other ways.

ment "as to what happened" hundreds of years ago, while Coun. Gloria McCluskey said it's no use trying to look back and the city should focus on treating aboriginal residents better now.

Coun. Linda Mosher said she'd prefer plaques put up showing different perspectives of Cornwallis on his statue, to which Coun. Jennifer Watts said going to the community would be "more legitimate" than assuming what they want.

Mayor Mike Savage left his seat to comment, echoing many of Mason, Watts and Coun. Tim Outhit's points that although the conversation was uncomfortable it was still very important.

"It's going to come back unless there is some reasonable community response that people have faith in," Savage said.

The statue of Edward Cornwallis stands in Cornwallis Park is shown on Tuesday. JEFF HARPER/METRO

DEVELOPMENT

Council puts off anti-Honda action

A petition put together by Halifax residents concerned with the Colonial Honda expansion has been presented to city council, but a decision on whether a report will come back has been delayed.

At Halifax regional council Tuesday, Coun. Jennifer Watts presented a petition with over 1,000 signatures asking for action to be taken to prevent demolition of homes around Steele Auto Group's Colonial Honda, and preserve the residential area.

Steele has been awarded 20 demolition permits for properties surrounding the Robie Street location, but residents across the city are concerned with the loss of housing density, Watts said.

Watts had hoped to present the petition and ask for a response from staff as to what



Colonial Honda on Robie Street. JEFF HARPER/METRO

action could or could not be taken, but after some confusion on procedure was informed a notice of motion would be needed to do so.

The petition was withdrawn Tuesday, and Watts said she would file a notice of motion for the next council meeting.

HALEY RYAN/METRO

TRANSIT

Wheels in motion for new bus fleet

Halifax residents will soon notice brand-new buses on the streets.

On Tuesday, Halifax regional council approved a tender for 60 new buses over three years, with an option to renew for 40 more buses over two additional one-year periods, to the highest-scoring proponent, Nova Bus Ltd.

The total \$16.9 million purchase of the first 30 buses was approved, and staff authorized to buy the next 30 in years two

and three of the agreement, subject to approval of the 2017-18 and 2018-19 budgets.

City staff said the first 30 buses will replace 30 aging buses that will be used for scrap and tires.

Halifax Transit acting director Dave Reage said the full 60 buses brings the city's buses to a "nearly fully accessible fleet," adding that target should be met after the second year of the contract.

HALEY RYAN/METRO

REAL ESTATE

City considers better protecting potential heritage buildings

City staff will be looking into whether a moratorium can be placed on demolition of potential heritage properties to better protect downtown buildings.

On Tuesday, Halifax regional council decided to request a staff report related to placing a moratorium on the demolition of buildings "which have potential for registration as municipal heritage properties or inclusion in municipal heritage conservation districts," as identified in the Downtown Halifax Secondary Municipal Planning Strategy.

"This would include ways to look at preserving or enhancing and protecting the buildings that are already there," Coun. David Hendsbee said during the city council meeting.

Although Coun. Stephen Adams said the idea has merit, he was concerned with the "broad" term of potential heritage properties and the amount of staff time it would take to collect an inventory of possible properties and heritage districts.

"You can come up with anything if it's over 100 years old," Adams said.

"A lot of buildings in the city could have the potential of being designated heritage, but may not qualify."

Coun. Wayne Mason said the report is a good idea, so residents can clearly see the necessity of having a heritage designation on a property for the city to be able to prevent it from being demolished, citing the 851 Young Avenue property

and Colonial Honda expansion as recent examples.

The owner of the Young Avenue property, also known as the wedding cake house, has begun demolition, and there's only 40 per cent of the building left, Mason told council during another motion that intended to designate 851 Young as a heritage site.

Mason also said involuntary registration of heritage properties might not be the best way, since some property owners jump to demolish if they believe a heritage designation might be in the works "and there's no legal way to stop them."

Providing incentives to get people to register heritage properties might be a better way, Mason added. HALEY RYAN/METRO

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'I'll keep doing this until her murderers are found': Brother

MEMORIAL

Police, family want witnesses in Brooks case to step forward



Olivia Carey
For Metro | Halifax

Quissy Brooks says he believes there are people who know what happened to his sister.

Tanya Brooks was murdered in north-end Halifax seven years ago.

And for seven years in a row, friends and family have gathered to walk in her honour.

"I'll keep doing this until her murderers are found," Quissy told the crowd gathered in Grand Parade Tuesday afternoon.

Quissy described his sister as a poet, an artist and a woman who cared deeply for others.

The indigenous mother-of-five was murdered and left in a trench on the side of St. Patrick's-Alexandra School May 11, 2009.

Police believe Brooks knew her assailant but have not said how she died.

Brooks' case was added to the major unsolved crime program the same year of her death. The program offers a \$150,000 reward for any information leading to the conviction of the person responsible.

Insp. Lindsay Hernden, the divisional commander for the



Above: People hold photos of Tanya Brooks at Tuesday's march. Right: Insp. Lindsay Hernden of Halifax Regional Police speaks at the march. JEFF HARPER/METRO

Halifax Regional Police, spoke at the ceremony, encouraging anyone with information to come forward.

"We need to keep Tanya's story out there because the investigators in this file wholeheartedly believe that there are individuals in this community ... that have information that could lead to the successful arrest and prosecution of the persons responsible for Tanya's death," he said.

Hernden said the recent spree

of violence in the city, including the homicides of four young men, share similarities with Brooks' case.

"They're all homicides and they're all events that we believe that there are members of the community who have information that is very important to law enforcement and that could help us in solving these crimes."

Joseph Cameron, Tyler Richards, Naricho Clayton and Daverico Downey all died from gunshot wounds within the last six weeks.

WALK

Mother's wish for memory to live on

This is the first year Tanya Brooks's mother, Connie Brooks Adams, was not at her daughter's memorial walk.

Her mother died last fall.

Dorene Bernard, who she went to residential school with, said on Tuesday that Adams wanted people to remember her daughter.

"Connie always wanted to make sure people didn't forget about Tanya and our other Mi'kmaq sisters in spirit, that they're remembered as well all throughout the Maritimes and particularly throughout Canada," Bernard said.

A 2013 RCMP study found almost 1,200 Aboriginal women were missing or murdered between 1980 to 2012.

"It's a long process for them, as well; there's no closure, there's no healing, so we keep them all in our prayers and in our minds today and continue to reach out to them whenever they need help, be there for them," Bernard said.

OLIVIA CAREY/FOR METRO



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ENERGY

Province laying plans to meet ambitious green power target

Nova Scotia is making plans to ensure it can meet its renewable-energy targets in 2020 no matter what happens to the \$9.2-billion Muskrat Falls hydroelectric project in Labrador, says the province's energy minister.

Nova Scotia has set a goal of obtaining 40 per cent of its electricity from green sources by 2020 — with Muskrat Falls expected to provide slightly less than 10 per cent of the province's overall needs once it's online.

But a consultant's report submitted at a Nova Scotia Utility and Review Board rate hearing warns the renewable target could be threatened if Muskrat Falls is delayed or cancelled.

40%

The intended green energy sourcing goal set by the province, to be achieved by 2020.

Michel Samson said Tuesday that his department is looking at contingency plans to cover the difference in the event of major delays, while noting the renewable goal is still four years away.

"There are other options that are being looked at, but we still remain committed to being able to achieve those goals in 2020," said Samson.

He said the province is continuing to invest in technologies such as power storage and tidal power in an attempt to increase the amount of renewable energy available.

"We are constantly looking at new technologies, investing with our federal partners and looking at ways that we can have a smaller carbon footprint in our province," he said.

The report by Drazen Consulting Group says the province and Nova Scotia Power should prepare alternate plans should electricity not flow from the project as expected.

"NS Power has plenty of capacity, so it could easily meet cus-

+ CLOSER LOOK

The project — a joint venture between Newfoundland Crown corporation Nalcor and Nova Scotia Power's parent company Emera — will carry power through the island of Newfoundland and on to Nova Scotia through subsea cables and overland transmission lines.

tomers' load," the report states.

"The problem would be that it may not meet the Renewable Energy Standard. NSPI and the government should start contemplating their range of responses and NSPI should inform the board and customers of the effects of backup plans."

Drazen's report is part of the evidence before the Nova Scotia Utility and Review Board, which is examining a request by Nova Scotia Power to raise rates by 4.5 per cent over the next three years to cover fuel costs.

THE CANADIAN PRESS



We still remain committed to those goals in 2020.

Michel Samson



Premier Stephen McNeil is dismissing a call from the third party NDP. JEFF HARPER/METRO

'No' to minimum wage increase

FINANCE

Hike would put pressure on small business, premier argues

Nova Scotia's premier is dismissing a call from the third party NDP to raise the province's minimum wage to \$15 an hour over three years.

Stephen McNeil says the increase would produce inflationary pressures that would be felt by small businesses and other workers.

McNeil says the province would be more open to looking at things such as increasing the basic personal income tax exemption at a time when it's more affordable for provincial coffers.

McNeil would only say that such an option would be considered some time in the future when the province is back to fiscal health.

NDP Leader Gary Burrill says increasing the minimum wage would stimulate the economy because it would improve the buying power of lower-income workers.

\$10.70/hr

The current minimum wage in the province of Nova Scotia.

THE CANADIAN PRESS

CRIME

Two men arrested, several guns seized



Philip Croucher
Metro | Halifax

Police have seized several firearms and arrested two men following a search of a Gaetz Brook home early Tuesday morning.

RCMP officers and members of the RCMP Emergency Response Team searched the home and arrested the two

men. One of the men threatened a police officer while he was being arrested, according to a Nova Scotia RCMP news release.

The two men, 37 and 51 years old, are both residents of Gaetz Brook and both face several firearms-related charges.

They are expected in Dartmouth provincial court Wednesday.

The investigation is ongoing.

IN BRIEF

Fort Mac victims given student loan suspensions

Nova Scotia will provide a six-month repayment holiday to those with provincial student loans who work and live in Fort McMurray.

The move follows a similar announcement by New Brunswick on Monday.

Advanced Education Minister Kelly Regan says loans will automatically be suspended for about 120 people who have Fort McMurray addresses.

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William Gadoury of St-Jean-de-Matha, Que., seen here in 2014 after winning a science fair for a project that discovered a correlation between Mayan cities and constellations. COURTESY QUEBEC EXPO-SCIENCES

Boy genius makes a stellar discovery

ARCHEOLOGY

Quebec teen uses the stars to track down ancient ruins

At the age of 13, William Gadoury discovered a correlation between 22 constellations and 117 ancient Mayan cities — a finding good enough to win him first prize at a science fair.

For a spectacular encore, he discovered a cluster of unexplained geometric forms hidden beneath the dense jungle growth in the Yucatan Peninsula that he suspects could be a lost and long-forgotten 118th Mayan ruin.

For this, the 15-year-old high-school student from St-Jean-de-Matha, Que., has landed himself on the world map.

Even before he takes his pro-

ject, "Discovered from Space," to the Canada-wide science fair finals next week in Montreal, his work is travelling the world based on the sheer improbability that a boy with a theory may have filled in a gap that legions of archeologists and experts in ancient Mayan civilization didn't even know existed.

the seashores.

That kicked off his first discovery, which was that there was a correlation between 117 known Mayan cities and 22 constellations. But where was the city that corresponded to the 23rd?

The Canadian Space Agency was able to help by accessing satellite images.



He's not someone who spends his time playing his Game Boy.

University of New Brunswick's Armand LaRocque

Gadoury's fascination with the Mayan civilization began in 2012, the year that Mayans had predicted the end of the world.

But his quest that led to a 2014 science-fair project started with a question: Gadoury wanted to figure out why the Mayans built their cities inland when it would have made much more sense to settle next to rivers and along

"We could actually see structures ... and we calculated the size of this by counting the number of pixels on the imagery," said Daniel De Lisle, who worked with the satellite imagery. "We could see that it fit the dimensions of a potential pyramid. So we could not see the pyramid per se, but the foundation is about the same size." TORSTAR NEWS SERVICE

COURT

Ghomeshi's lawyer behind peace bond

An expected agreement that will see fired radio host Jian Ghomeshi apologize and sign a peace bond in exchange for the withdrawal of a sexual-assault charge against him was instigated by his lawyer, a source familiar with the proceedings said Tuesday.

The offer, expected to be formalized at a court hearing on Wednesday, became contingent on his admitting to misconduct against the complainant, a former CBC employee, and an ap-

propriately worded apology, the source said. The source insisted on anonymity given the sensitivity of the matter.

On Tuesday, the Ministry of the Attorney General announced the hearing would take place Wednesday in an Ontario court of justice before Judge Timothy Lipson. Ghomeshi, 48, had been expected to stand trial next month on a single charge of sexual assault related to an incident alleged to have occurred at the CBC in 2008. THE CANADIAN PRESS

IN BRIEF

Canada, U.S. no-fly redress group takes flight

The federal public-safety minister says Canada and the U.S. have set up a working group to help sort out errors of identity on no-fly lists.

Ralph Goodale says the bilateral Redress Working Group provides a way for officials to communicate. The moves follow reports of dozens of youngsters enduring airport delays because their names matched others on a security list.

THE CANADIAN PRESS



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CENSUS 2016





Izdihar Salloum, left, and Shaouki Bazzi are staying with friends in Edmonton after fleeing Fort McMurray's blaze and losing nearly everything. KEVIN TUONG/FOR METRO

'We're like newborns'

IMPACT

Family loses everything in Fort McMurray catastrophe



Alex Boyd
Metro | Edmonton

Shaouki Bazzi fled Fort McMurray driving his taxi, with his wife Izdihar Salloum beside him still wearing her Walmart uniform.

The flames were advancing so quickly there wasn't time to go home first.

They'd gone to work Tuesday

morning, when reports suggested the fire was moving away from the city. But in a story now familiar, things changed — quickly.

Today, on top of losing their home to the fire, as so many have, a series of unfortunate circumstances have cost the family their citizenship papers, possessions and thousands in cash. Worse yet, they're not insured.

"No job, no money, no house, we have nothing for tomorrow," Bazzi said. "When I think about it, I'm frozen."

With flames bearing down, their son raced to the house to grab their important papers.

But the road to Abasand, their neighbourhood in Fort McMurray, was already closed.

Making things worse, the



No job, no money, no house, we have nothing for tomorrow.

Shaouki Bazzi

family had moved into their rented townhouse six months previous, and hadn't yet bought tenant insurance.

Salloum planned to travel to see her sick mother in Lebanon and had withdrawn thousands in cash that also burned.

Their kids were also affected. Their oldest son, an engineering student at the University of Alberta, lost his computer and textbooks.

After moving to Fort McMurray in 2009, the family had worked hard to build a life in the community they'd grown to

love. But when police escorted their son to the remains of their house Tuesday, all he was able to recognize was the scorched furniture in the backyard.

Salloum said they're "like newborns" now and will have to start over.

Their landlord, Rebekah Benoit, has started a Gofundme campaign to help her tenants.

"Gosh I feel for them, I really do want to help them," she said. "We weren't in the position to help them in the first place, and now we're even worse off."

WITH FILES FROM HELEN PIKE/METRO

ECONOMY

Oilsands will rebound, premier says

Alberta Premier Rachel Notley stood with oilsands executives Tuesday to say the province's mainstay industry would be back up on its feet after the Fort McMurray wildfire within weeks.

"We expect ultimately that many companies will begin to resume their production in the coming days and short weeks ahead," she said.

Suncor Energy CEO Steve Williams was optimistic that production from the oilsands — now down by more than one million barrels a day because of the fire — would ramp up quickly.

THE CANADIAN PRESS

POLICE

Residents warned of fraudsters



Ryan Tumilty
Metro | Edmonton

Police in Edmonton, Alta. are warning city residents to only use charities to donate money for Fort McMurray evacuees after receiving several reports of questionable activity related to cash collection.

Metro has encountered reports of people knocking on doors in the city and asking for cash donations. On Tuesday police spokeswoman Anna Batchelor said other concerns have been brought to the attention of police.

"I'm able to confirm EPS has received reports of suspicious activity regarding requests for Fort McMurray donations," Batchelor said. She said people had encountered the door knockers throughout the city, including in grocery store parking lots.

Batchelor said so far police have only had reports that seem suspicious, but have not confirmed that the donations were criminal or laid any charges.

She said police are encouraging concerned citizens to donate money only through registered charities.



IN BRIEF

PM to visit Fort McMurray

Prime Minister Justin Trudeau says he will visit Fort McMurray, Alta., on Friday to offer the support of all Canadians to the fire-ravaged community. Trudeau also thanked those who battled the huge wildfire and saved much of the city. He also thanked Canadians for their donations in the face of crisis. THE CANADIAN PRESS

THE TOP 6@6

LAST NIGHT ON 101.3 THE BOUNCE:

- 6 DJ Snake ft. Bipolar Sunshine Middle
- 5 Nick Jonas ft. Tove Lo Close
- 4 The Chainsmokers ft. Daya Don't Let Me Down
- 3 Rihanna Kiss It Better
- 2 Meg ft. Sean Paul Lay You Down Easy
- 1 Drake ft. Wizkid and Kyla One Dance



1013TheBOUNCE.com 1013Habounce

ANIMALS

Woman's beloved pig rescued by RCMP



Helen Pike
Metro | Calgary

Move over Babe, it's Marshall's time to tell his tale.

On Monday, Alberta RCMP posted a photo of some rescued pets, and one looked familiar to Michelle Coutu. She fled Fort McMurray's Waterways neighbourhood last minute and managed to pack her truck with dogs, and family members — but didn't have time to load Marshall, her Julianna pig.

"We had no notice that the

fire was hitting Waterways and I was only able to let him out," Coutu said. "We had to basically make a run for it. It broke my heart, I just had to open his pen and let him out."

It's Marshall's second evacuation: The last was three years ago in the Waterways flood.

This time, Marshall proved to be very resourceful. Unlike Babe, he might not be up for telling Coutu exactly what he got up to, but she's pretty sure he had his fair share of beer empties.

"I can just imagine what he was doing to the neighbours yard and garden, helping himself

to any empties of beer cans — he likes leftovers in beer cans," Coutu said.

Coutu said he was found close to where she left him, on Draper road. And last night his rescuers "wee wee wee'd" him all the way home, fed him and put him to bed. He's headed to the Wood Buffalo Animal shelter where arrangements for his return can be made.

"The whole time my mind was racing about what had happened. I kept checking the area to see if it was part of the war zone, and praying he had the resources to keep himself happy and fit."



Marshall loves belly rubs and beer — and was able to escape the Fort McMurray fires safely. CONTRIBUTED

Trump gets Nebraska boost

U.S. ELECTION

GOP bigwigs start to line up behind brash billionaire

Congressional Republicans returned to Capitol Hill Tuesday to confront an awkward new reality: Donald Trump is their presumptive presidential nominee. Instead of uniting behind him, leading figures like House Speaker Paul Ryan are withholding their support.

That highly unusual state of affairs creates a tricky situation for Republicans in the House and Senate, some of whom fear Trump could prove a drag on their own re-election chances in a year when the GOP is fighting to hang onto its slim Senate majority.

GOP Sen. Ted Cruz of Texas, Trump's leading opponent before he dropped out last week after a disappointing loss in Indiana, made clear Tuesday that he was in no hurry to endorse the mogul and reality TV star



Donald Trump speaks during an interview with The Associated Press in his office at Trump Tower on Tuesday in New York. MARY ALTAFFER/THE ASSOCIATED PRESS

who defeated him.

"The voters in the primary seem to have made a choice and we'll see what happens as the months go forward," Cruz told conservative talk radio host Glenn Beck. That makes

Cruz the latest of Trump's onetime foes to refuse to take the traditional step of burying the hatchet and backing their party's standard-bearer once primary season is over.

Voters were casting ballots

Tuesday in West Virginia and Nebraska, and Cruz remained on the ballot. He went so far as to leave open the possibility of restarting his campaign if he should score a surprise win in Nebraska, while mak-

ing clear he doesn't anticipate that outcome.

"The reason we suspended the race last week is with Indiana's loss I didn't see a viable path to victory. If that changes we will certainly respond accordingly," Cruz said before boarding a flight to return to the Capitol, where Senate Republicans were warily awaiting the return of a colleague who's spent months denouncing them as the "Washington cartel."

On Thursday, Trump will meet on Capitol Hill with Ryan, Senate Majority Leader Mitch McConnell, who has offered his guarded support, and other GOP leaders in the House and Senate.

Ahead of the meeting, Ryan struck a conciliatory tone in interviews with home-state reporters Monday, while defending his stunning decision to refuse to back Trump.

Ryan denounced the idea of any Republican launching a third-party or independent candidacy to challenge Trump, telling the Milwaukee Journal-Sentinel it "would be a disaster for our party."

THE ASSOCIATED PRESS

IN BRIEF

Border guards killed five refugees: Rights group

A rights advocacy group claimed Tuesday that Turkish border guards have in the past two months killed five Syrians who were trying to cross into Turkey. Human Rights Watch accused border guards of shooting and beating asylum-seekers and at least one smuggler. It said that five refugees — including a child — were killed and 14 others were wounded in March and April.

THE ASSOCIATED PRESS

A contrasting view of Philippines' new leader

Rodrigo Duterte, the bombastic mayor of a southern city, was heralded as president-elect of the Philippines after a campaign that projected him as an emancipator as well as a looming dictator. Results from a semi-official count gave Duterte a large lead, thrusting him into national politics for the first time after 22 years as mayor of Davao and a prosecutor.

THE ASSOCIATED PRESS

BUSINESS

Apple Pay expands in Canada after deal with Big Five banks

Apple Pay mobile payments will hit Canada in full force in the coming weeks, after the Cupertino, Calif.-based tech behemoth announced agreements Tuesday with the country's Big Five banks, as well as with debit and credit card companies.

Starting Tuesday, users of the newest iPhones who bank with

CIBC and RBC will be able to use Apple's digital wallet for both credit and debit card payments. Customers with Canadian Tire financial services and Alberta-based ATB can also use it for credit payments.

In the coming weeks — likely by June — BMO, TD and Scotiabank will add the service for Mastercard, Visa and debit

cards.

Apple Pay only works with the newest Apple devices, such as the iPhone 6, 6s and Apple Watches. It launched in the U.S. in fall 2014 and earlier this year in the U.K.

Apple Pay allows customers to hold their devices up to payment terminals in stores to pay. It uses encrypted technology

to store and send information, so is considered by some to be more secure than plastic cards.

Apple reached an agreement with payment processor Moneris for use with the 85 per cent of its terminals that are enabled with near-field communication technology. Apple Pay also lets users make online payments to retailers on their iPads and

iPhones using apps.

It's still unclear whether the widespread launch of Apple Pay will be the universal payment method that analysts believe will lead to wider-spread adoption of mobile payments.

But so far, mobile payments have yet to take off in Canada, even though it has wider adoption of contactless terminals

than in the U.S.

Just 11 per cent of consumers said they would use Apple Pay at least weekly in a recent Accenture survey. And only 25 per cent of Canadians have all the components in place to use digital wallets, according to a report by the banks released last July.

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ROSEMARY WESTWOOD ON GHOMESHI AVOIDING TRIAL #2

Does this mean we're going to turn the courts into the principal's office where bad boys (mostly) go for a slap on the wrist? What are peace bonds if not the state equivalent of "Say you're sorry, Tommy," and, "I've got my eye on you!"

Women have been lied to. We've been made fools of.

We are told that sexual assault is a crime, but it looks like it's a crime largely in name only, and Jian Ghomeshi has showed us how.

Ghomeshi will appear in court in Toronto today, reportedly to agree to a peace bond instead of enduring a second trial for one charge of sexual assault. After he was acquitted of sexual assault and choking charges in March — by a judge who issued a public scolding of the three witnesses along with a ruling — either the complainant or the Crown or both decided to indefinitely postpone round two.

And the result, a peace bond, strikes me as infuriating.

Peace bonds are basically an agreement to keep the peace and keep to good behaviour, and can include other conditions.

As part of that agreement, my colleagues at the Toronto Star report Ghomeshi might "express remorse over conduct" at the heart of this case during today's court appearance (he allegedly thrust his crotch into a colleague's backside at work one day, while still the lauded host of CBC's Q). Does that mean we're going to turn the courts into the principal's office where bad boys (mostly) go for a slap on the wrist? What are peace bonds if not the state equivalent of "Say you're sorry, Tommy," and, "I've got my eye on you!"

I believe the justice system can and must be improved.



DISAPPOINTING 'The high bar of being believed turns out to be almost insurmountable,' Rosemary Westwood writes. FRANK GUNN/THE CANADIAN PRESS

Understanding that this is not a surprising outcome (0.2 per cent of sexual assaults end in convictions) should mitigate the anger. But it doesn't, because this scandal has been a walking tour through a house of lies, and I, for one, could never have expected how it would feel to come out the other side.

As it is written in the Criminal Code, Canada's sexual assault laws are "actually pretty good," law professor Brenda Cossman noted in a *Chatelaine* article in March. "There is an expansive definition of consent or more specifically its absence, and the Supreme Court of Canada has insisted that consent be positive and ongoing."

But in reality, the crime of sexual assault turns out to be a kind of legal Russian doll with seemingly endless amendments added in its

practical application, each nestled inside the last. The amendments dictate all kinds of requirements to prove a crime, spanning from the circumstances of the event to the complainant's behaviour. The high bar of being believed turns out to be almost insurmountable.

Just yesterday, I heard of a separate trial involving sexual assault that will not proceed, because the woman doesn't want to testify after watching Ghomeshi's first trial.

There is a crucial question here: What is to be done?

I believe the justice system can and must be improved. If we decide as a society that something is a crime, it deserves to be treated as a crime. To abandon all hope for criminal convictions in sexual assaults is far too fatalistic, especially since they do happen. (Linda Redgrave —



Do Canadians really care about animals?



Thomas Walkom

Canada's contradictory approach to animals was on vivid display this week.

In Fort McMurray, ordinary people risked their lives to save pets trapped in fire-threatened homes.

Meanwhile in Ottawa Monday, the other way we see animals was in evidence. That's when a Liberal backbencher's effort to toughen up animal cruelty laws ran into a Parliamentary buzz saw.

Toronto MP Nathaniel Erskine-Smith's private member's Bill C-246 is pretty mild stuff. Among other things, it would criminalize the "brutal and vicious" killing of animals without lawful excuse. Yet to some MPs it is the thin edge of a very large wedge.

Manitoba Conservative Robert Sopuck called Bill C-246 a Trojan horse designed to advance the agenda of animal rights extremists. He said if passed, the bill could penalize someone who cooked a lobster by boiling it alive.

Alberta Conservative Blaine Calkins mused that the bill might allow animal rights advocates to bring charges against those who don't properly groom their pets.

Former Toronto police chief Bill Blair, now a Toronto Liberal MP, fretted that by criminalizing the brutal or vicious killing of animals, the bill could threaten what he called heritage activities.

Blair said it was premature to talk of amending animal cruelty laws in isolation and that any change should wait until a full overhaul of the entire criminal code takes place.

Since he is parliamentary

secretary to Justice Minister Jody Wilson-Raybould, his remarks presumably reflect the position of Prime Minister Justin Trudeau's government.

The comments of Blair and his two Conservative colleagues also give a flavour of the other way in which Canadians see animals — as resources, like rocks or trees, which exist only to satisfy human wants.

The woeful inadequacies of Canada's animal cruelty laws are well-known.

But whenever politicians attempt to strengthen the law to deal with such cases, they run into the same lobby groups making the same arguments.

Bill C-246 already exempts activities involving aboriginal rights. Erskine-Smith said he'd be willing to amend the bill to exempt other legal activities, such as hunting and fishing.

In an effort to touch on issues with popular appeal, Bill C-246 would also ban the import of shark fins from countries that don't follow Canadian standards. It would criminalize all aspects of animal fighting and ban the import of cat and dog fur.

The Ontario Federation of Anglers and Hunters has served notice that it will oppose the bill. It is already lobbying Liberal MPs.

At the best of times, private members' bills have a hard time getting through Parliament. If Blair's comments are any indication, the Liberal government has no interest in taking on this politically fraught issue.

That leaves the rest of us.

Thomas Walkom is a national columnist for the Toronto Star.

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Tale of two tamarind drinks

This flavour typically found in tropical Asian cuisine adds a tangy kick to spring cocktails

This recipe pays homage to the best whiskey sour I've ever had, served at the Whiskey Soda Lounge in Portland, Oregon. The tamarind adds a slightly bitter and sour note, which plays well with the fresh lime juice. Cane sugar adds a sweet finish, and the bourbon punches through without overpowering the other flavors. It's dreamy.

This is the perfect drink to make when you're entertaining friends during the summer, and pairs especially well with spicy dishes.

Simple Tamarind Whiskey Sour

Serves 1. Total time: 5 min.

Ingredients:

- Orange peel + maraschino cherry, for garnish
- 1 Tbsp (15g) fresh tamarind concentrate (can be found online and in Asian grocery stores)
- 1 1/2 Tbsp (19g) organic cane sugar (or sub agave nectar or maple syrup)
- 1 ounce (2 Tbsp or 30ml) lime or lemon juice
- 1 1/2 ounces (44ml) bourbon whiskey
- Ice, for shaking + serving

Directions:

1. Prepare a glass with one large ice cube (or 4-6 small ice cubes), orange peel, and cherry. Set aside.

2. In a cocktail shaker, muddle sugar, lime juice, and tamarind concentrate until



COURTESY/THE MINIMALIST BAKER

well combined.

3. Add bourbon and a generous handful of ice. Shake vigorously.

4. Pour over ice and serve.

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Fair warning: This cocktail goes down very smoothly. So to make sure that no one overdoes it, serve it in reasonably sized rocks glasses — not too big — and with generous amounts of ice. You want your guests to keep their focus on what's important: the game and the food!

Tamarind Margarita

Serves 10. Time: 10 to 15 min

Ingredients:

- 15 fluid ounces tequila
- 10 fluid ounces Triple Sec
- 2 fluid ounces Tamarind Paste (page 340)
- 20 fluid ounces fresh lime juice (from 20 to 30 limes)
- 4 fluid ounces fresh orange juice (from 1 to 2 oranges)
- 4 fluid ounces Simple Syrup (page 344)

Directions:

1. Pour the tequila, Triple Sec, and tamarind paste into a 2- to 3-quart bottle with a lid. Cover and shake well until the tamarind paste is dissolved. Pour in the lime juice, orange juice, and simple syrup. Shake until very well combined.

2. If you want to rim the glasses with orange salt, on a small plate, combine the salt with the grated orange zest and stir well with a fork. Have ready ten rocks glasses. Run a lime wedge around the rim of one of the glasses to moisten it and, holding the glass at an



COURTESY/LAUREN VOLO

angle, roll the outer edge of the rim in the salt until fully coated. Repeat with the remaining glasses.

3. Generously fill the rocks glasses with ice and pour

over the tamarind margarita. Garnish each serving with a lime slice. Serve.

EXCERPTED FROM FLOYD CARDOZ: FLAVORWALLA BY FLOYD CARDOZ (ARTISAN BOOKS). COPYRIGHT © 2016. PHOTOGRAPHS BY LAUREN VOLO.

BOOK SALES

Tom Brady's \$200 cookbook sells out

It looks like a \$200 price tag couldn't keep Tom Brady's fans from gobbling up the Patriots quarterback's new cookbook.

The TB12 Nutrition Manual features 89 recipes and is described on the four-time Super Bowl champion's website as being printed on 100-pound text paper with covers made from natural wood that include laser etching.

Brady has posted a picture from the book on his Facebook

page, calling it "another step toward achieving your peak performance."

Recipes include avocado ice cream and carrot cake.

The book can be taken apart and expanded.

The description on the site says anyone who buys it will receive additional pages with new or modified recipes.

It's listed as sold out and a note says more may be available early next month.

THE ASSOCIATED PRESS



Tom Brady's TB12 Nutrition Manual features 89 recipes.

THE ASSOCIATED PRESS

FOOD BRIEFS

Junk food can cause kidney damage like Type 2 diabetes

A new study published this week has found that junk food can cause the same damage to the kidneys as Type 2 diabetes.

Patients with Type 2 diabetes either don't produce enough insulin, or their body doesn't react to it, which can cause a build-up of sugar (glucose) in the blood.

If this occurs the build-up can then have serious and

long-term effects on organs, including the kidneys, which can lead to diabetic kidney disease.

However this new research has shown that a diet high in junk food or fat can also cause this potentially damaging build up of glucose in the kidneys, producing a similar effect to Type 2 diabetes.

The study was published in the journal Experimental Physiology.

AFP

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ROSE REISMAN THE SAVVY EATER

THIS WEEK: Soy sauce

From sushi to stir-fries, soy sauce flavours our favourite Asian dishes — but not all are the same when it comes to sodium

PICK THIS

China Lily

Sodium
610 mg/1 Tbsp



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Kikkoman Soy Sauce

Sodium
920 mg/1 Tbsp



HERE'S WHY



Equivalent to 2 small bags of Kernels Buttersalt Popcorn in sodium

We know soy sauce is a salt bomb when it comes to sodium and should be used sparingly, but by choosing a lighter pick you can cut the salt factor considerably. Excess sodium in our diet can lead to high blood pressure and an increased risk for many ailments including stroke, heart failure and kidney stones. Always read the label and don't assume all products are equal — in this case, you can cut out a 1/3 of unnecessary sodium while still being able to enjoy your favourite foods.

NUTRITION

Scientists unveil star gene in carrots

Scientists unveiled Monday the gene in carrots that gives rise to carotenoids, a critical source of Vitamin A and the pigment that turns some fruits and vegetables bright orange or red.

Unpoetically dubbed DCAR_032551, the star gene emerged from the first complete decoding of the carrot genome, published in the scientific journal Nature Genetics.

"Vitamin A deficiency is a global health challenge," the study pointed out.

"Its plentiful carotenoids make carrot an important source of provitamin A in the human diet."

Carotenoids were first discovered in carrots (hence the name), but



which among the vegetable's newly tallied 32,115 genes was most responsible for their formation remained a mystery.

Daucus carota (the Latin name) now joins a select club of about a dozen veggies — including the potato, cucumber, tomato and pepper — whose complete genomes have been sequenced.

Laying bare the humble carrot's genetic secrets will make it easier to enhance disease resistance and nutritive value in other species, the researchers said.

FAMILY TREE

Looking back at the carrot's family tree, scientists have been able to determine that it split with the grape about 113 million years ago and from the kiwi about 10 million years after that, when dinosaurs still lorded over the planet.

Having identified the mechanism controlling the accumulation of carotenoid, it may be possible — through gene-editing, for example — to import it to other staple root vegetables such as the cassava, native to South America and widely grown in Africa. AFP

LIQUID ASSETS

Sedàra Rosso perfect with seafood pasta

Having just spent time in Rome I can attest that The Eternal City has plenty to offer the hungry, especially the brilliant simplicity of its classic pasta-based dishes.

Funny thing is my favourite meal this trip was Sicilian, the theme of the restaurant next door — Sicilainbocca Trattoria — to the apartment I had rented in the Prati district.

Sadly Sicily's wines have struggled to find a following here in Canada.

You'd fall in love with its juice if you could pair it with a plate of pasta con le sarde (sardines and fennel over a bed of bucatini).

Donnafugata is one of the island's premier producers, with its 2013 Sedàra Rosso (\$15.95-\$19.49), a rich, cherry-infused beauty made from a base of Sicily's top red grape Nero d'Avola. Perfect with seafood pasta, it's also a great match with grilled meats.

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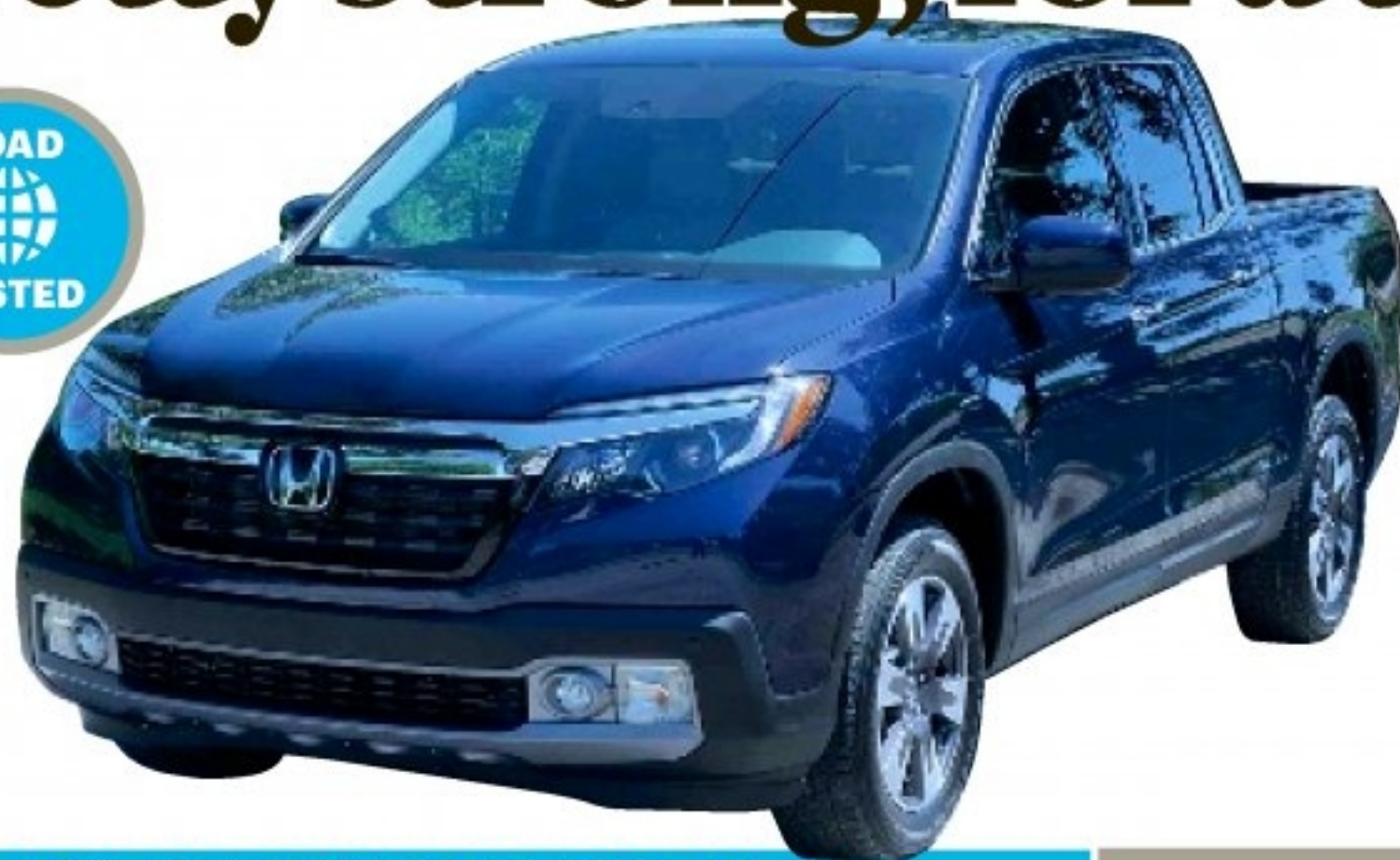
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Pretty strong, for a truck its size



THE CHECKLIST | 2017 HONDA RIDGELINE

THE BASICS

Type. Four-door, five-passenger mid-size pickup truck.
Engine (hp/torque). 3.5-litre V6 (280/262)
Transmission. Six-speed automatic
Price. \$36,590 - \$48,590

COOL FEATURES

- Adaptive cruise control
- Lane keeping and hill start assist
- Integrated bed lights
- Heated seats and steering wheel
- Seven-pin trailer connector
- Tire fill assist
- Standard review camera

POINTS

- The top-line trims have a waterproof, in-bed audio sys-



RIDGELINE PHOTOS JIL MCINTOSH/FOR METRO; ALL OTHERS CONTRIBUTED

tem that plays tunes through the truck's stereo.

- The side-opening tailgate mode makes it easier to reach cargo, since you don't have to stretch across the gate.
- The bed now has a cutline apart from the body, but the unibody construction under it is all one piece.

MARKET POSITION

The Ridgeline pulls a lot of buyers out of SUVs, who like its sport-utility driving experience but with the convenience of a truck box. It's also outfitted for leisure buyers, who'll have fun with it at cottages and campsites.

THE COMPETITION



Chevrolet Colorado 4x4
Base price: \$21,320



Nissan Frontier 4x4
Base price: \$28,113



Toyota Tacoma
Base price: \$31,635

REVIEW

New Ridgeline has more conventional styling

Jil McIntosh
For Metro Canada



Can something that's based on an SUV, and that runs primarily in front-wheel drive, be considered a real truck? Indeed it can, as Honda's Ridgeline proves.

All-new for 2017, and going on sale this summer starting at \$36,590, this second-generation model now features more conventional truck styling.

But it keeps a few of the old Ridgeline's best features, including a dual-action tailgate that can be opened conventionally or pulled open like a door, and a lockable trunk tucked in under a truck bed that's made of non-scratch composite so you don't have to add a liner. The size of the 3.5-litre V6 engine doesn't change, but the unit itself is new as well, with direct gasoline injection and a six-speed transmission, giving it more power with better fuel economy.

The suspension is also changed, tuned for a better ride

and handling. The truck feels lighter and it's great to drive, with an overall SUV-style feel.

All models come with all-wheel drive that automatically distributes torque as needed from front to rear. While it's obviously not designed for rock crawling, it's surprisingly capable for many off-road duties. It also employs torque vectoring, switching power between the left and right rear wheels, not just for extra traction when it's slippery, but also on curves. The truck corners smoothly and accurately, instead of understeering and plowing ahead. The Ridgeline can tow up to 5,000 pounds, and while I definitely knew I had a trailer back there, the front end stayed firmly planted for a confident ride.

The spacious interior offers all kinds of storage space, including rear seats that let you tuck a set of golf clubs under them, or fold up so cargo can be put on the floor. That said, the rear doors don't open

as wide as on most other trucks. I've always been fond of the Ridgeline. It's capable enough to handle most midsize-truck jobs, and against full-size trucks that have grown massively large, it's easy for shorter drivers like me to get in and out of it. I

It's definitely a truck, and a pretty good one at that, too.



The spacious interior offers all kinds of storage space, including rear seats.

TECHNOLOGY

Fiat Chrysler teams up with Google to put cars on the road

Self-driving cars could hit roads within five years, the head of Fiat Chrysler Automobiles said Friday, days after the company announced an alliance with Google parent Alphabet.

Chief executive Sergio Marchionne declined to disclose financial details of the partnership or a timetable for building minivans that will expand the Internet company's test fleet of autonomous vehicles.

"It's not sort of 'pie-in-the-sky,' the thing is real and it's

coming," Marchionne said.

"People are talking about 20 years, I think we'll have it here in the next five years."

Alphabet this week announced an alliance with Fiat Chrysler Automobiles (FCA) in a major expansion of its fleet of self-driving vehicles.

The company's test fleet will be more than doubled with the addition of 100 new 2017 Chrysler Pacifica Hybrid minivans, with the companies aiming to have some on the road by the end of this year.

The collaboration with FCA marks the first time that the California-based Internet giant has worked directly with an automaker to build self-driving vehicles.

"FCA will design the minivans, so it's easy for us to install our self-driving systems, including the computers that hold our self-driving software, and the sensors that enable our software to see what's on the road around the vehicle," the car team said in a post at the Google+ social network.

The minivan design also paves a road to explore the potential of large self-driving vehicles that could be used mass-transit style with features such as hands-free sliding doors for getting in or out, according to the post.

Alphabet said it was not licensing its autonomous car technology, and won't sell the self-driving minivans.

Marchionne noted that there are many unresolved issues, including how self-driving cars will be priced and what kinds of features

will be built into them.

"But, if we don't explore it, we will never know," Marchionne told reporters during the official launch of the 2017 Chrysler Pacifica minivan at an 88-year-old plant in Ontario just across the Canadian border from Detroit.

The Pacifica was designed for hybrid or battery electric power trains and is capable of supporting Google's self-driving hardware, according to FCA.

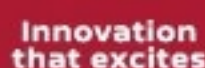
While the partnership with Alphabet is limited in nature,

Marchionne looked ahead to future developments.

"I think most of us in this industry would agree that we are going to transition to a different state than what we are in today," he said.

Google began testing its autonomous driving technology in 2009, using a Toyota Prius rigged with the tech giant's equipment. It now has some 70 vehicles, including Lexus cars adapted by Google and its in-house designed cars unveiled in 2014.

AFP



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SL AWD Premium model shown.

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[illegible]

Eugenie Bouchard won a matchup of former top-10 players Tuesday with a 6-4, 2-6, 6-3 win over Jelena Jankovic to start the Italian Open



Pens give Caps the boot

NHL PLAYOFFS

Pittsburgh clinches series victory with overtime win

Nick Bonino put a rebound past Braden Holtby 6:32 into overtime to give the Pittsburgh Penguins a 4-3 win over the Washington Capitals on Tuesday night to wrap up the hotly contested Eastern Conference semifinal in six games.

The Capitals rallied from a three-goal deficit over the final 22 minutes of regulation, but Bonino's second goal of the playoffs sent the Penguins to the Eastern Conference final against Tampa Bay.

Holtby made the initial stop on Carl Hagelin but Bonino, camped right outside the crease, tapped in the winner.

Washington forward Jay Beagle made a remarkable save from his belly in front of the net on Patric Hornqvist early in overtime but there was no stopping Bonino's tap-in.

Phil Kessel scored twice for Pittsburgh and Hagelin added a goal for Pittsburgh.

Rookie Matt Murray made 36 saves as the Penguins continued their playoff mastery over the Capitals.

T.J. Oshie, Justin Williams and John Carlson scored during Washington's comeback, but it wasn't enough.

Nine times the longtime rivals have met in the playoffs. Eight times the post-series



The Penguins celebrate their series victory over Braden Holtby and the Capitals on Tuesday night in Pittsburgh.

JUSTIN K. ALLER/GETTY IMAGES

handshake line has ended with Pittsburgh celebrating while Washington trudges toward the off-season.

The Presidents' Trophy winners avoided elimination with a solid 3-1 win in Game 5 but the Penguins — who squandered 3-1 series leads in the 2011 and 2014 playoffs — preached patience and pointed to their remarkable resiliency

GAME 6 In Pittsburgh



under Mike Sullivan, who took over in mid-December.

Pittsburgh ended the regular season as the hottest team in the league and has now cruised through two rounds by relying on the depth general manager Jim Rutherford has cultivated behind stars Sidney Crosby and Evgeni Malkin.

All but two of Pittsburgh's 15 goals during the series were

scored by players who were not on the roster when Rutherford replaced Ray Shero two summers ago. That group includes Kessel, acquired from Toronto last July to take some of the scoring load off Pittsburgh's two franchise cornerstones, Hagelin and Bonino, who were Pittsburgh's best line in the series.

THE ASSOCIATED PRESS

NBA

Curry sweeps 1st-place MVP votes

Stephen Curry's desire to keep getting better while always striving to entertain at every stop on the schedule has the Golden State superstar being mentioned right along with the best ever, Michael Jordan and Magic Johnson.

And he just turned 28.

On Tuesday, Curry accomplished something those former stars never did: he is the first unanimous NBA MVP, earning the award for the second straight season after leading the defending champion Warriors to a record-setting season.

"I never really set out to change the game. I never thought that would happen in my career," Curry said. "What I wanted to do was be myself. ... I know it inspires the next generation. You can work every day to get better."

Curry is the 11th player in league history to be voted MVP in consecutive seasons and the first guard to do so since Steve Nash in 2004-05 and 2005-06.

He was followed in the vote by Kawhi Leonard of San Antonio, LeBron James of Cleveland and Oklahoma City teammates Russell Westbrook and Kevin Durant. Curry's teammate Draymond Green was seventh.

Curry is the first two-time winner in franchise history, and Wilt Chamberlain (1959-60) is the only other Warriors winner.

THE ASSOCIATED PRESS



Stephen Curry

GETTY IMAGES

NBA PLAYOFFS

Raptors keep calm after Game 4 loss

In the wake of a painful overtime loss in Miami, Raptors coach Dwane Casey says he's sleeping like a baby — "waking up and crying."

The quip drew the laughter he intended. In reality, Casey says it's all about maintaining an even keel going into Game 5 of the Eastern Conference semifinal Wednesday

against the Heat.

5

The Heat have outscored the Raptors by just five points in the series — 379-374.

THE CANADIAN PRESS

The best-of-seven series is knotted at two games apiece after the Heat's 94-87 overtime victory Monday in Miami.

"Everybody's upset that we lost, which they should be. But nobody's pushed the panic button because it's such a competitive series," Casey said.

CFL DRAFT

Riders use first pick on Oklahoma O-lineman

The Saskatchewan Roughriders selected offensive lineman Josiah St. John first overall in the CFL draft Tuesday night.

The six-foot-six, 300-pound St. John spent the last two seasons with the Oklahoma Sooners, starting four of the 15 games he suited up for.

The Ottawa Redblacks selected Laval offensive lineman Jason Lauzon-Sequin seventh overall.

THE CANADIAN PRESS

NBA PLAYOFFS

Westbrook guides OKC to series lead

Russell Westbrook had 35 points, 11 rebounds and nine assists, and the Oklahoma City Thunder rallied in the fourth quarter to beat the San Antonio Spurs 95-91 on Tuesday night and take a 3-2 lead in the Western Conference semifinal series.

Kevin Durant added 23 points as the Thunder won for the second time in San Antonio in the series. Oklahoma City can close out the series Thursday in Game 6 at home.

THE ASSOCIATED PRESS



Russell Westbrook

ERIC GAY/THE ASSOCIATED PRESS

IN THE CLUTCH

In a stunning overtime performance Monday night, Curry showed exactly how he can take over a game in a matter of seconds. He returned from a sprained right knee to score 40 points — and 17 in overtime — in a 132-125 win at Portland to put his team up 3-1 in the Western Conference semifinals.

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RECIPE Mini Turkey Meatloaves



PHOTO: MAVA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

Do you not love anything that is mini? And, more importantly, do you not love a dinner that can be packed in the freezer for a night when getting dinner on the table seems like climbing Everest?

Ready in

Prep time: 15
Cook time: 45

Ingredients

- 1 glug of olive oil
- 1/3 cup onion, diced on the fine side
- 1/3 cup celery, diced small and diced small
- 1 tsp fennel seeds
- 1/2 cup of rolled oats
- 1 1/2 pound of ground turkey
- 1/4 cup ketchup
- 1 egg
- 1/4 cup Parmesan, grated
- 2 Tbsp ketchup
- 1 tsp Worcestershire sauce

Directions

1. Preheat the oven to 375 degrees. Warm up your olive oil in a pan over medium heat. Add your vegetables and the fennel seeds and allow them just start to soften, about 3 to 5 minutes. Remove from the heat and allow to cool a bit.
2. In a large mixing bowl, combine your meat, oats, ketchup, sauteed vegetables, cheese and egg. Mix with your clean hands or a fork. Now use a 1/3 cup measure to scoop up your mixture and put it into your muffin tin.
3. In a small bowl, mix together 2 Tbsp of ketchup and 1 tsp of Worcestershire sauce. Use a small spoon to smear this glaze over the top of your mini meatloaves. Pop them in the oven for 40 minutes. The internal temperature for meatloaf should be 160 to 165 degrees.

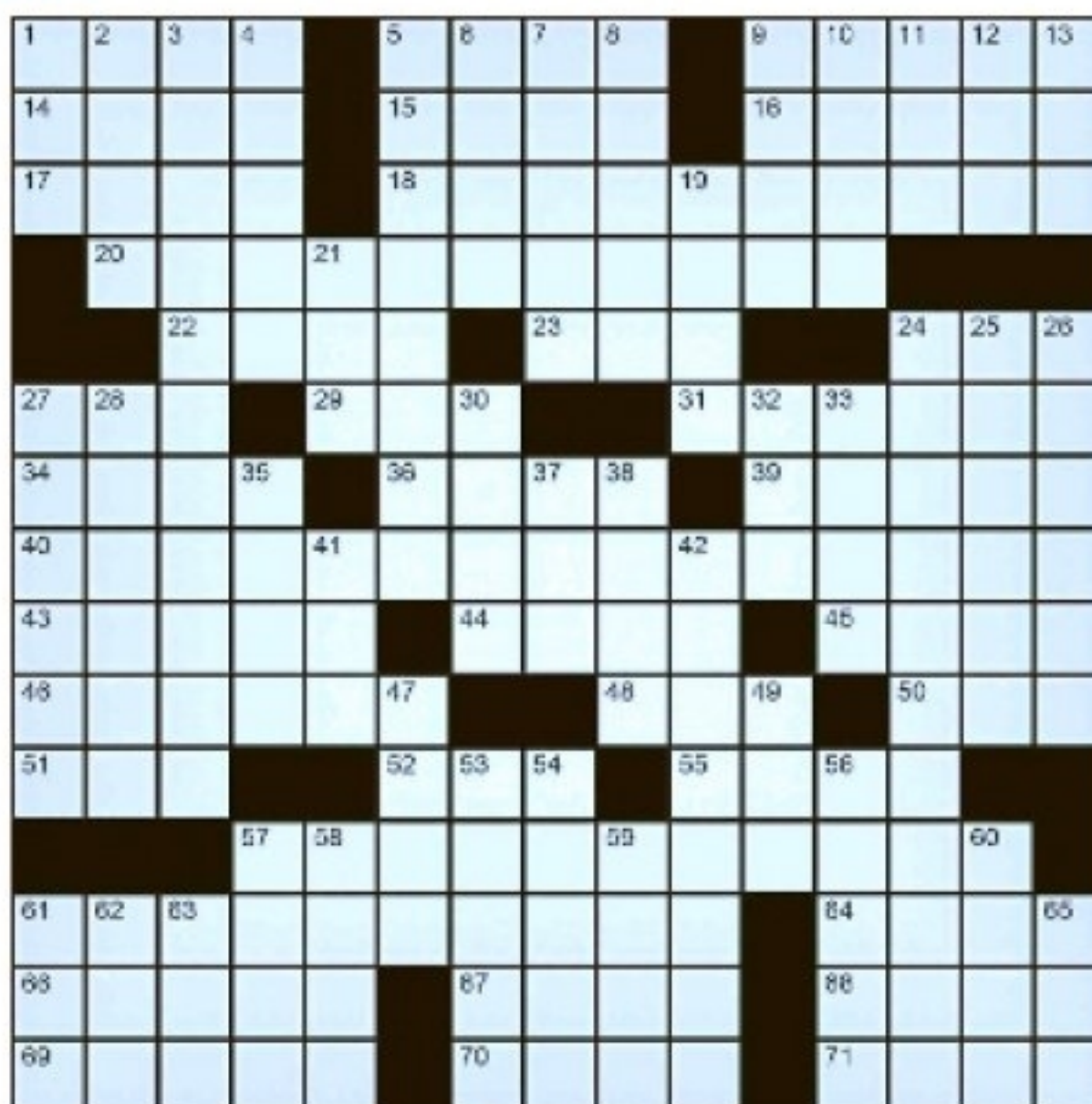
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BY KELLY ANN BUCHANAN

ACROSS

1. Rhyming pattern
5. Snorkeller's destination
9. Retreat in The Beach Boys song "Kokomo"
14. Collector's suffix
15. "Step ___ pets." (Furry friends palindromes)
16. Looked with bewilderment
17. The ___ (Hamilton expressway)
18. Revolters
20. ___ Man
22. ___ chef
23. ___ culpa!
24. Luxe lieu
27. Manfred Mann's "Do ___ Diddy Diddy"
29. Marcel Marceau's clown
31. Sort of celebrity: 2 wds.
34. Actress Ms. Larter's
36. Objective
39. "___ my ticket!" (Lottery-winner's lament)
40. House feature where the breeze can be experienced without the bother of bugs: 2 wds.
43. Swiss Cheese characteristic
44. Ms. Amos
45. Pre-Johnny Carson host Jack
46. Levelled
48. Life span
50. The Mower to the ___ Worms (Andrew Marvell poem)
51. Actress Susan
52. Volcanic residue



55. "Take this..."
57. In 1875, she became the first female doctor licenced to practice medicine in Canada: 2 wds.
61. Hypersensitivity-reaction-causer like pollen or milk, to some
64. Encumbrance

66. Region's plant and animal life
67. Taj Mahal's site
68. Doggie name
69. Chasm
70. Hold back
71. Brood

DOWN

1. Suffer
2. Bathroom = Salle de ___
3. Canadian character in L.M. Montgomery stories: 2 wds.
4. Tropical bean tree
5. STOP, for one:

6. -ette cousin
7. Supply the weapons
8. Strength
9. Turkish title, variantly
10. Bitterly bellyache
11. Booming times
12. Reckon

13. Want ___ (Newspaper listings)
19. Talk
21. Stubby pencil
24. Rented space for household belongings: 2 wds.
25. French mathematician, Blaise ___ (b.1623 - d.1662)
26. 'Joint'-meaning prefix
27. Like the clothes ready for the dryer
28. Kitchen's cozy nook
30. Margaret Atwood, at times
32. Bigwig, briefly
33. Food-like food
35. Visible
37. ___ Annie (Character from the musical Oklahoma!)
38. Former currency in Italy
41. Storm centre
42. Brandy, pre-bedtime
47. "Damn!"
49. 'Pamphlet' suffix
53. Dishonest one
54. Door part
56. House toppers
57. Winnipeg hockey players
58. Historic times
59. W.B. Yeats' land
60. Slangy sassiness
61. Camel hair cloth
62. Ad-___ (Off-the-cuff)
63. "The Thin Man" (1934) starring Myrna ___
65. Scatter seed

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Grin and bear it while you deal with late checks in the mail and delays with finances or possessions. On the upside, this is a good time to wrap up old business.

Taurus April 21 - May 21
Retrograde Mercury in your sign brings people and situations from your past back into your world. It's deja vu all over again.

Gemini May 22 - June 21
Because Mercury is your ruler, you feel the insanity of Mercury retrograde. That's why conversations are confused and you keep misplacing things. Aagh!

Cancer June 22 - July 23
Old friends are back in your world. Consider this a blessing, because it's wonderful to have history with others (especially as you get older).

Leo July 24 - Aug. 23
Some of you are in touch with parents or bosses you haven't seen for a while. A hot tip: If you're looking for a job, go back to where you worked or applied to before.

Virgo Aug. 24 - Sept. 23
Travel plans might be frustrating because of mistakes and delays. However, this is an excellent time to finish a book, thesis or school paper.

Libra Sept. 24 - Oct. 23
The stars will help you to wrap up old business with inheritances, taxes, debt and shared property. You will be surprised how easily this will flow.

Scorpio Oct. 24 - Nov. 22
Old friends are back in your life again, as well as ex-partners and ex-spouses. Consider this an opportunity for closure or swapping lies about the bad old days.

Sagittarius Nov. 23 - Dec. 21
Delays, missed communications and silly errors will dog your steps at work now — there's no doubt about it. Just cope as best you can for the next few weeks.

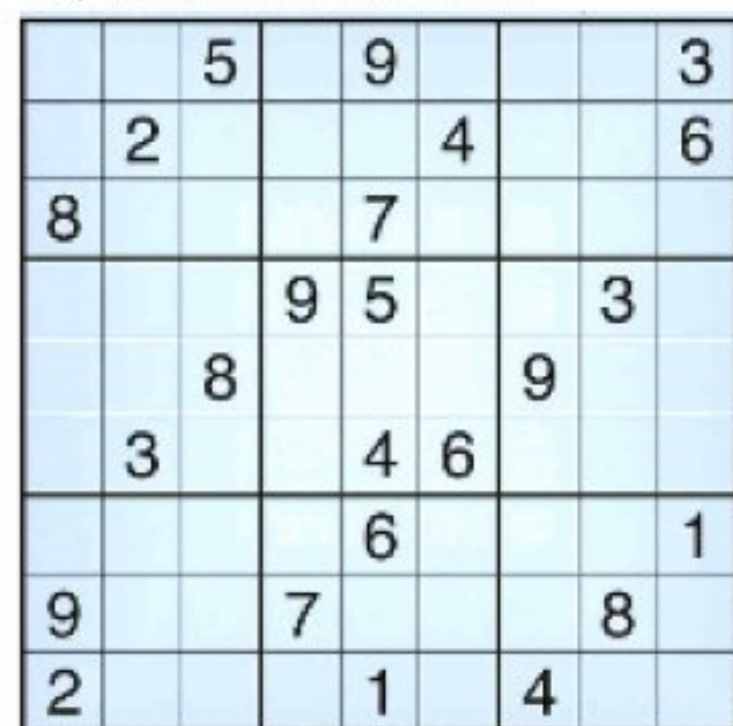
Capricorn Dec. 22 - Jan. 20
Many of you are running into old flames. This can be exciting or unsettling, depending on how the relationship ended. Mostly, it's a bit freaky.

Aquarius Jan. 21 - Feb. 19
This is an excellent time to make repairs to your home and finish projects you've had on the go. Family discussions will address old problems and probably solve them quickly.

Pisces Feb. 20 - March 20
It's been maddening undergoing errors in your communication. Mixed-up messages, misunderstandings plus misplaced paperwork and delays are quite overwhelming!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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